



**ACADEMY OF MOUNT ST. URSULA**  
**Brag Sheet**  
**For Recommendation and/or Scholarship Letters**



The following information must be typed and uploaded to your Naviance student account.

**Recommendation Letters**

Names of (2) teachers whom you have asked to write a letter of recommendation on your behalf. Please remember that you must hand your teachers a hard copy of your résumé and brag sheet.

**Résumé**

Include any of the following from 9th-12th grades: Student Government, Class Offices, Clubs, Organizations, Athletics, Newspaper, Community Organizations, Service or Volunteer activities, Employment, Music, Art, Dance, etc.

**Brag Sheet**

Below you will find a series of questions that make up what we call a “brag sheet”. It is called a “brag sheet” because we (counselors and recommending teachers in particular) hope to find out some of the best about you, and we hope that you may discover some of the best about yourself.

When completing this sheet, it is important that you take the time to think over your responses and to write out your answers thoroughly, completely and in the best style possible. *Remember that college admissions officers are looking for quality writing on your applications.* Think of this as an important assignment on the way to completing the college application. Unless the question specifically refers to school activities, do not restrict your answers to school life. The more detailed, self-revealing, and self-analytical your “brag sheet” is, the more helpful your responses will be in writing your recommendations.

There is no minimum or maximum length, but make sure that you are thorough and complete in your responses. Most importantly, you should be honest and forthright. Also, do not forget that mechanics and style are important.

We will not send out a recommendation for you unless you complete this brag sheet and return it as soon as possible. In the past, some students have submitted their “brag sheets” to certain colleges.

Please type the responses to the following questions and upload to your Naviance student account.

1. What is the most significant contribution you have made to Mount St. Ursula? What do you feel sets you apart as an individual in your school? What is it about your role in the school that will set you apart from other applicants from other schools?
2. In what ways have you grown intellectually during the last four years at Mount St. Ursula? Who (teacher, classmate, parent, etc.) or what (a particular book, class, assignment, academic challenge, etc.) has contributed to that growth?
3. What do you consider your greatest academic strengths and weaknesses?
4. What do you consider your greatest personal strengths and weaknesses?
5. Describe a personal achievement that has given you satisfaction.
6. Share any work and/or volunteer experiences you might have had. What did you learn from them?
7. What academic areas are you interested in exploring in college? Why? Are you interested in any particular profession? Why?